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Before you hang the "Open" sign in your storefront window, you must formulate a plan that captures the essence of your business and anticipates the rush of customers, the cost of employee benefits and your competition's weaknesses. For some, it's a painstaking task that makes them quit before they ever get started. Others seek answers from a box. Business-plan software can offer helpful, step-by-step advice to get budding entrepreneurs over the threshold of procrastination. It can also help secure investment. According to the American Bankers Association, 52.3 percent of bankers believe a complete business plan is key to securing a loan. [The Day After 9/11](#), [This Family-Owned Jam Company Lost All of Its Airline Business](#). [But One Son's Strategic Rebrand Has Brought Lasting Success](#). [The Art of Active Listening Requires Leaving Your Ego Behind](#) [Using This Color in Your Facebook Ads Could Increase Your Click-Through Rate Almost 3 Decades Ago](#), [I Wrote Myself a Check for \\$1 Million. When I Had Nothing. Here's Why](#). [This Entrepreneur's Wellness Tech Platform Was Inspired By His Grandma's Garden](#) [Here Are the 7 Traits You Need to Get Rich in the Restaurant Industry](#) [Yankee Candle Founder's \\$23 Million Estate Comes With an Indoor Water Park and Two 'Car Barns'](#) For the past 20 years we have worked with healthcare providers across the nation, supplying their care teams with the latest clinical treatment guidelines, with the goal of helping them provide their patients with quality care. Check out the searchable map below to learn more about hospitals and EMS agencies that participate in our quality improvement programs, including facilities recognized for meeting American Heart Association criteria for consistently following guidelines. What we're doing to help improve healthcare quality (PDF) The facilities identified on this website have received recognition for achievement in a designated American Heart Association (AHA) healthcare quality improvement program. These facilities do not constitute an endorsement by AHA, nor should the absence of a hospital or agencies name on the map be construed as a negative reflection of the quality of their cardiovascular and stroke care. This map is updated periodically but is not intended to be a definitive list. The website is not intended for use in making medical decisions. Discuss hospital options with your physician to select the best hospital for you. This map lists hospitals participating in a designated AHA program. This map does not include hospitals engaged or involved in other quality improvement recognition, certification, licensing or accreditation programs, including state licensing agencies and other certifying organizations. As part of AHA's goal to provide the public with information regarding all options to healthcare, we have included links to some of these certifying bodies. These links connect users to the hospitals which participate in that organization's recognition program. The certifying bodies below represent only those that agreed to be listed on AHA's website. These links are maintained by each respective organization, and therefore AHA does not warrant the accuracy of information. National Certifying Organizations State Licensing Authorities In the first study of its kind, researchers have conducted a yearlong survey of the bacteria in a newly constructed hospital, starting two months before the facility opened and continuing over the next 10 months. Initial results of the Hospital Microbiome Project, published today (May 24) in the journal *Science Translational Medicine*, provide an unprecedented map of the microbial communities that inhabit a hospital — on the patients, the staff and the surfaces. The study also gives researchers foundational information that could improve the understanding of hospital-acquired infections, the researchers said. "We are mapping a new world in the hospital so that we can understand the trade routes, if you will, of microbes moving in that space," said study senior author Jack Gilbert, director of the Microbiome Center at the University of Chicago. [Body Bugs: 5 Surprising Facts About Your Microbiome] The map of the hospital, the Center for Care and Discovery at the University of Chicago Medicine, is not a typical two-dimensional projection of a physical space, Gilbert said. Rather it is a "multidimensional, mathematical hypervolume of interactive space." The map shows not only where the microbes are, but also how they tend to move around. "It helps me to see the pathway by which things move, so I can use that information to understand the dynamics of interacting organisms much more readily." This image shows one of the multidimensional maps that the researchers created. Each dot represents a microbial ecosystem; those that are closer together are more similar. (Image credit: S. Lax et al., *Science Translational Medicine* (2017)) Those dynamic interactions occur because in general not a day goes by when a person is not picking up organisms from one place and dumping them in another, Gilbert said. In the microscopic world of microbial communities, some organisms gain a foothold in one place and die in another, and they can even evolve into antibiotic-resistant organisms, such as *Staphylococcus aureus* and *Staphylococcus epidermidis*, he said. Over the course of the year at the hospital, Gilbert and his team focused on 10 noncritical care rooms on two different floors and two nurse stations, one that provided care to surgical patients and another that provided care to cancer patients. In the rooms, the researchers collected samples from multiple surfaces, including the floor, bed rail, door handles and phones. Patients who gave consent were also swabbed, with samples taken from hands, nostrils and armpits. Finally, the nursing staff allowed samples to be taken from their hands, gloves and shoes, as well as from countertops, pagers, shirts, chairs, computers, landlines and cellphones. In all, the researchers collected 6,523 microbial samples from 252 patients. From the very beginning, the team saw interesting trends, the researchers said. Before the hospital opened on Feb. 23, 2013, most of the bacterial organisms in the building were those commonly found in the soil and water, such as *Acinetobacter* and *Pseudomonas*. But after the hospital opened, the soil and water microbes were quickly replaced by those typically found on human skin, such as *Corynebacterium*, *Staphylococcus* and *Streptococcus*. The staff disinfected rooms daily with an ammonium cleaning solution, and after a patient was discharged, the room was cleaned with bleach. Despite this, some microbes survived. [5 Ways Gut Bacteria Affect Your Health] "You've got this horribly alien environment. It's basically raining humans and animals and plants down onto a volcanic island," Gilbert said. "It's a horrible environment, and only a few [microbes] are ever going to survive." Those that lived tended to move from a room's surfaces onto a new patient on that person's first day in the hospital, the study found. By the second day, though, the patient's own microbes began colonizing the room's surfaces, replacing the bacteria from the previous person. Gilbert and his team said they encountered a couple of surprises: During the heat and humidity of summer, staff members shared more bacteria with one another. The scientists also found that different surfaces contained different kinds of microbes. The organisms on telephones were different from those on door handles and computer mice. This shows that although bacterial organisms come from common sources, each of the microenvironments somehow selects for distinct microbes, Gilbert said. "That helps us consider the different surface materials and what their impact could be on the ecosystems," he said. This information could provide a foundation for future studies that look specifically at infections that patients acquire after being admitted to a hospital, Gilbert added. For 92 patients in the study who were in the hospital for months, some potentially harmful bacteria, including *Staphylococcus aureus* and *Staphylococcus epidermidis*, acquired genes associated with antibiotic resistance, the study said. Although the patients did not acquire infections, microbes with antibiotic resistance genes were present in the room in numbers that were greater on surfaces than on skin. [6 Superbugs to Watch Out For] Most of the microbes that Gilbert and his team found were benign, though, and unlikely to cause any problems. "If anything, this study is an education to all of the germaphobes out there," Gilbert said. "You're swimming in bacteria and most of them are dead, but there's a lot of them that are alive and there's not much you can do about it." Originally published on Live Science.



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